



THE IMPORTANCE OF TRAINING IN MODERN TEACHING

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Good listening and good response –
one of the greatest perfectionists.

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Abstract:

At present, it becomes relevant to consolidate students' knowledge of the subject in the form of psychological trainings in various educational institutions of the world. In turn, the use of these innovative and interactive methods in the classroom saves time for pupils and students, strengthens their knowledge, and allows them to achieve high results.

Keywords: psychology, training, group, communication, method, education.

Currently, the field of psychology is one of the branches that is developing very quickly and on a large scale. Especially by psychology, "psychological training" is embodied in the eyes of many. How well the training will go and be interesting depends on the skill of the trainer.

In general, what is the training itself?

When translating the word training from English, it gives such meanings as "exercise", "repeat". The term training has been variously defined by a can of scholars. But these definitions have a commonality not far from each other. So, I believe that training is the formation of the information, skills and skills that the listener needs by performing a lesson or any activity in the form of a game and interesting exercises.

The right question arises, What is the training for us itself?

In modern times, it should be recognized that our traditional teaching methods in higher education are somewhat outdated. We have the opportunity to get the information we seek from the world of the Internet in a matter of seconds.

So, if so, why is the teacher needed?



First of all, the teacher is responsible for placing this information in our mind so that it is unconscious (for example, in the form of figurative memory). Boring lectures, nobody need sheet-sheet synopsis what's wrong with them...

I met a comrade. When I look, I hear music in my ear in the ear synopsis. It turns out that one teacher asked for a synopsis of 10 sheets for each subject. What's more? Are we not deceiving ourselves? Do we pay nearly 12 million contracts for this synopsis? Nothing more than stealing the student's time... Bill Gates, the world's number 2 billionaire, is currently earning\$ 6,659 in 1 minute. Some of our students, however, spend their time equal to gold on the work, synopsis, mastering work and etc.

I recently asked an older teacher: "What's wrong with this 5 sheet of synopsis from the master? What does it get into the brain if it writes the dough? They answered antique if I asked him whether he could write rather of basic concepts on the topic, or a sheet of short basic information": "if a student makes a 5-sheet synopsis, one of these writes in the exam may fall into question, or one or two sentences will remain in his brain while a person writes".

I personally absolutely disagree with this opinion. The reason is, those 5 sheets of synopsis that teacher gave to the student himself is not prescribed to write, but to write to an acquaintance. Secondly, according to the book "general psychology", "human memory is an active process, which will directly depend on the individual's competence to work with one or another information, his attitude to it, his perception of the value of the material. The most characteristic thing is that a person only keeps in mind 10% of the information he hears, 50% of what he hears and sees, almost 90% of what he actively does. This has been proven in many psychological experiments. The person himself comes up with and remembers very easily what he did directly. This phenomenon is called the "generation effect" in psychology".

With this in mind, it is necessary to introduce new effective methods of training, methods of innovative training of Japan, South Korea and other countries where the education system is much more developed (of course, not blindly, taking into account the mentality). It is more advisable if the teacher spends that lesson in the form of an interesting training than when he hears an 80-minute boring lecture (some fall asleep). Whenever possible, one role is given to an individual listener, that role is retained in the listener's memory for a considerable period of time.

Participants need to be interested to conduct training sessions. It is necessary to provide opportunities for their independent work. It is not necessary to make a discuss of any participant, since he is not a defendant. A person should not behave



loudly. A psychologist, on the other hand, should not ask a specialist. Do not frighten the participants with your character, do not bring his envy either.

In the history of psychology, the most common form of training is active socio-psychological training. L.A.Petrovskaya, describing social psychological training, interprets it as follows: "training is aimed at the development of knowledge, social skills, skills and experiences in interpersonal relationships", as well as "a means of developing competence in communication".

From experiments it can be said that tasks that are common to trainings cannot exist. Because each training has its own specific and appropriate tasks that it puts before it, it can also be said in accordance with this-that, as a task in trainings, certain circumstances are implied in relation to each selected problem. But in general, the following can be included in the tasks of psychological trainings:

- organization of acquaintance of the members of the group with each other;
- learning to follow the norms together with the members of the group;
- create conditions to speak out the problems of the group members;
- create a friendly atmosphere between the members of the group;
- raising the mood of the members of the group;
- creating an atmosphere of sincerity between the members of the group;
- ensuring mutual cohesion, harmony of the members of the group;
- providing "feedback" of group members;
- organization of activities in the members of the group that are able to form various life skills and competencies.

In place of the conclusion, I would like to cite one opinion of Confucius: "the one who raises his child without teaching him a craft is the one who feeds the thief." Students value time, it may be late when time shows you value. After all, our president said that we are eager for young people, "why can't we go to school for 9 years with 3 years of college knowledge, why go to the tutor for 1 year?" We can hiss how complicated the situation is by saying. When does a person appreciate something? When he venerates that thing or loses it if not. When does a person honor something? When he truly indulges in the same thing, he believes.



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