



EFFECTIVE USE OF "INNOVATIVE TECHNOLOGIES" IN THE DEVELOPMENT OF SPORTS

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Abstract

Effective use of innovations in sports management, introduction of modern and convenient innovations and wide implementation of its use.

Annotation

Effective use of innovations in the development of sports, the introduction and widespread use of modern and convenient innovations.

Keywords : innovation, technology, sport, competition, sports committees.

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Popularization of physical education and sports in our country is defined as one of the important directions of social policy. Because sport establishes a healthy way of life in the society by strengthening the health of the population, raising the young generation to be healthy and well-rounded. Prevents various diseases, harmful habits among young people. Sport plays an important role in the formation of high culture and patriotism. Achievements in this field will make the country known to the world and will bring pride to all compatriots. During the years of independence, extensive work was done in this regard . Necessary conditions have been created for the population, especially the young generation, to regularly engage in physical education and mass sports. Modern sports complexes were built in cities and villages. The competitions "Umid Nihollari", "Barkamol Avlod" and Universiade have become a means of introducing young people to mass sports and a healthy lifestyle. A continuous system for the selection of talented children and the training of professional athletes was created. Boys and girls and teenagers who have shown their talent during training in general education schools and children's sports complexes are taken to sports schools and sports colleges and are educated based on professional approaches.



He is improving his skills in higher educational institutions and training sessions. As a result, the athletes of our country have won great victories in prestigious world competitions and are showing the potential of our people to the whole world. The decree of President Shavkat Mirziyoy dated February 15 of this year "On measures to further improve the management system in the field of culture and sports" opened a new era in the development of sports in our country. According to the decree, the State Committee for Physical Education and Sports of the Republic of Uzbekistan was established. Attracting a large segment of the population to sports, raising a physically healthy generation, developing the sports industry and infrastructure, holding mass sports events and competitions in cities and districts, the National Olympic Committee, sports federations and associations together with the selection of talented athletes, training and improvement of their skills, personnel training, introduction of modern technologies in the field and expansion of international relations were defined as its main tasks. The executive apparatus of the Children's Sports Development Fund of the Republic of Uzbekistan within the structure of the Ministry of Public Education of the Republic of Uzbekistan, about 300 sports educational institutions were transferred to the State Committee. The Council for the Development of Physical Education and Mass Sports was established in order to study and analyze public opinion on improving the effectiveness of physical education and mass sports development, and to develop proposals for improving work in the field. The activities of physical education and sports representatives have been launched in 201 districts (cities) within the territorial management bodies . In these places , full enforcement of state policies, decrees and decisions in the field, and the development of sports from the lower levels play an important role. In addition, this year more than 20 other documents related to the field were adopted - orders and decisions of the President, decisions of the Cabinet of Ministers. This also shows the attention of our country to the development of the field of physical education and sports. As a result of the reforms carried out under the leadership of our President, quality changes were noticed in the industry.

appeared recently in relation to sports pedagogy. Since it is interpreted differently in different sources, it is necessary to consider it in more detail.



This concept is introduced from the field of material production, where it is understood as a set of techniques and methods of obtaining, processing or processing raw materials, materials, semi-finished products or products carried out in various fields . Technology is also understood as a set of processes that make up the mining, processing , processing, transportation, storage and storage operations, that is, the production process. Innovative activity is expressed in the development of new technologies for organizing the physical education process. Innovative technology includes concepts such as processing the sports field, creating and implementing innovations, introducing new modern ideas and implementing them in practice. The purpose of these views is to develop the modern study methodology in a modern country and also to use it efficiently. Effective and correct use of the given opportunities is our duty and responsibility. We need to use new innovations in sports management. The use of innovative technologies in every field is becoming a topical issue today. We need to find answers to the questions: how, why and for whom. As we know, the field of sports is also developing day by day. The attention to sports is increasing day by day and showing its results. Even in remote villages, sports are developing and showing results. The use of innovative technologies in sports management is becoming an urgent problem today . As innovations are created in every field, it would be appropriate to introduce innovations in the field of sports . For this, it is necessary to come up with new ideas. I want to invent a new device in the field of sports. Considering that this device will be modern and technologically convenient, I paid great attention to its compactness and efficiency. This is a volleyball net and ball to play the game of volleyball . I want to put them all in one container, i.e. a suitcase, and make them easy to carry around. After opening the suitcase, the volleyball net is placed at a comfortable height and width. And it's up to them to play as much as they want . The width and height of the volleyball net can be adjusted according to age. It even has balls that look small for young children .

The goal of this project is to develop the sport of volleyball. As we all know, Uzbekistan has a very low performance in team sports. For this purpose, developing the volleyball sport, gaining children's love for volleyball , and taking them to the Asian and World Championships in this sport .



The question of why the sport of volleyball did not develop until now, the answer is that we did not have enough volleyballs and still do. Because Uzbekistan does not produce all kinds of sports balls. Most sporting goods are imported from abroad. Also, attention to sports was not left out. For example, certain tasks were carried out in connection with the tasks set by the head of our state in the field of physical education and sports in the field of personnel training, retraining and upgrading. In this regard, the State Institute of Physical Education of Uzbekistan, which is the main center of knowledge, was moved to the city of Chirchik. As a result, the institute got the necessary infrastructure for education and training of qualified athletes and coaches, and the opportunity to build a modern sports town was created. Correspondence education was also started at the institute from the 2017/2018 academic year. A center for scientific-methodical provision, retraining and improvement of their qualifications of specialists in physical education and sports was established at the State Institute of Physical Education of Uzbekistan. To date, more than 800 employees have been trained at the center.

As we all know, our athletes won 13 medals at the 2016 Olympic Games in Brazil and 31 medals at the Paralympic Games, achieving the highest results in the history of our country's sports. In the past period of this year, our athletes won 483 gold, 394 silver, 536 bronze medals in local and international sports competitions, a total of 1,413 medals. "On measures for the further development of public sports" was another important document in the field. With this decision, the program of further development of physical education and mass sports in the Republic of Uzbekistan was adopted. In the program, more than 995.2 billion soums will be spent for the further development of physical education and mass sports in 2017-2021, in order to strengthen the material and technical base of sports schools, 167 sports facilities, including 90 sports complexes and 77 swimming pools construction, reconstruction, capital repair, equipment and re-equipment are provided.

Within the framework of the program, 153 children's playgrounds were built this year, 232 modern playgrounds, a sports complex specializing in Olympic and national types of sports was commissioned in Nukus.

The shortcomings in this regard were also pointed out at the meeting. In particular, it was criticized that the construction and reconstruction of 39 sports facilities at the expense of the Children's Sports Development Fund was



behind schedule, and that the equipping of swimming pools with modern equipment was delayed. Tasks were given to eliminate these deficiencies and complete the construction works by the end of the year . It was noted that it is necessary to increase the efficiency of the use of sports complexes and to involve young people in them more widely. It was criticized that the cooperation of sports schools, republican schools of higher sports skills and sports federations in discovering talented young people, selection work was not started at the required level. In this regard, instructions were given to create a clear transparent mechanism and cover all areas. Issues of careful preparation of our country's athletes for prestigious international competitions, including the upcoming Olympic and Paralympic Games, were also discussed. At the meeting, it was criticized that medals won in international competitions are limited to boxing , judo, weightlifting and sports. Specific measures have been set to achieve more achievements in other potential sports such as gymnastics, trampoline, athletics, taekwondo, kayaking and canoeing, and cycling. The need to strengthen cooperation with international sports federations was emphasized.

Within the framework of the implementation of the decision of the head of our state dated March 9, 2017 on the preparation of Uzbekistani athletes for the XXXII Summer Olympic and XVI Paralympic Games to be held in Tokyo (Japan) in 2020, the State Department of Physical Education and Sports of Uzbekistan In cooperation with the National Olympic Committee and sports organizations, a number of activities are being carried out to select talented athletes and form national teams, organize local and foreign training camps for athletes, and ensure their appropriate participation in prestigious competitions.

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In conclusion, it can be said that sport is very useful for life. It is the duty and responsibility of every person to introduce children to sports as much as possible, to introduce them to sports . It is very useful to send children to gymnastics clubs from the age of 4-5. After the age of 11-12, children will find out what sports they are interested in . Swimming is also a good sport. It is appropriate to teach children to swim from the age of 5-6 . Currently, innovative technologies are widely used in sports. In conclusion, I must say that I try to contribute to the development of the sport of volleyball as much as I can. It would be appropriate if all young people work together to develop team sports. I will work hard on the project I have come up with and try to produce it as soon as possible. The drawing module of this project is currently being worked on. I hope that soon this project will find its expression.



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